



Valley Health Clinic, Inc.
8609 Sudley Road, Suite 105
Manassas, VA 20110
703-393-8883

Welcome to Valley Health Clinic, Inc! We are pleased that you have selected Valley Health Clinic for your care needs. We are looking forward to seeing you at your upcoming appointment with us.

Before your appointment:

- Please visit our website to be able to complete the E-Registration, Health History Questionnaire, Information and Consent to Dilate and Refraction forms under the patient forms section of the website: <https://www.valleyhealthclinic.org/>
- If you wear contact lenses, please review and complete the additional form for a contact lens examination.
- Please verify with your medical insurance company if a referral from your primary care physician is required. The visit may be considered a specialist under your medical insurance plan. We participate with select vision care plans that can be used for wellness exams. Please read the information and consent for coordination of benefits regarding medical and vision plans in the patient forms as this is explained in more detail.
- If you need to cancel or reschedule your appointment, please give us at least 24 hours' notice or else a fee may be charged. Please call our office at 703-393-8883 to notify us of changes to your appointment.

Day of the appointment:

- Please bring your completed forms and plan to arrive 15 minutes before your scheduled appointment to complete the registration process.
- Bring a photo ID and your current medical and vision insurance cards.
- If required by your health insurance company, bring a referral from your primary care physician.
- If you wear contact lenses, please bring any boxes or take pictures of the box or blister packs.
- Bring with you any glasses you are wearing to be evaluated.
- Co-payments are due at the time of your appointment as well as payment for any services that are not covered by your insurance plan such as the refraction. The current fee is \$50.00 for refraction.
- If you are having a comprehensive eye exam, please plan to be in our office for a period of up to 1-1.5 hours.

As a part of your appointment your eyes may be dilated. Dilation frequently changes your vision for a length of time that varies by individual and could be from 3-5 hours. The potential side effects include blurry vision, decreased contrast that may make you more susceptible to falls, and light sensitivity. You may bring sunglasses with you or we will provide a temporary pair after your exam.

Please do not hesitate to contact the office at 703-393-8883 or visit the website <https://www.valleyhealthclinic.org/> if you have questions, concerns, or need more information.